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The following is to be copied onto the therapist's letterhead

## PERSONAL PSYCHOTHERAPY INCEPTION FORM

Each student in the M.A. Counseling Psychology program is required to complete a minimum of 25 (25) hours of individual, group, family, or marital psychotherapy during their program. Ten (10) of these hours must be completed prior to beginning PSY 644C. All therapy hours must start and be completed while enrolled in the MAC program. Previous therapy hours will not count towards the 25-hour total.

The therapist shall sign this form at the inception of therapy. The therapist must be licensed as a Marriage and Family Therapist (MFCC), Clinical Social Worker (LCSW), Clinical Psychologist, or board-certified Psychiatrist in the state of California.

I, \_\_\_\_\_, hereby certify that \_\_\_\_\_  
Therapist Student

has begun twenty-five (25) hours of individual, group, family, or marital psychotherapy,  
beginning on: \_\_\_\_\_.  
Start Date

I further certify that I do not teach at the graduate level at National University, nor have I ever been an instructor to this client.

\_\_\_\_\_  
Student ID #

\_\_\_\_\_  
Therapist's Signature & Title

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist's License Number

\_\_\_\_\_  
Date Licensed

**Please upload this document into your pre-application tasks in Tevera, send it to your faculty mentor, and save a copy for your records. You may be asked to provide this to your practicum instructors as well.**