



SANFORD COLLEGE OF EDUCATION

MASTER OF ARTS IN SOCIAL EMOTIONAL LEARNING

Empower Students with SEL

Expand your knowledge of social emotional learning and empower educational communities by earning a Master of Arts in Social Emotional Learning (SEL). The MA in SEL is designed to help you make transformational change in school communities.

The program will equip you with research-based knowledge and skills in self-care, cognition, trauma, and the ability to create healthy environments and relationships that are culturally responsive, equitable, and supportive for the whole child. This deep dive into personal identity, culture, leadership, community, and programs provides an SEL foundation where a positive school climate thrives.

Program Highlights:

- Conduct and complete an action research project based on SEL research, theory, and practice that will create inclusive environments for the whole child
- Evaluate the impact of SEL competencies on student success metrics at the various developmental levels
- Distinguish the intersectionality between SEL, equity, cognition, and cultural responsiveness in educational communities
- Examine SEL communities, frameworks, programs, and policies
- Develop SEL leadership skills to support teachers, administrators, and families in transforming school culture and climate

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MASTER OF ARTS IN SOCIAL EMOTIONAL LEARNING

Program Lead: Cynthia Sistek-Chandler; (858) 642-8322; cchandler@nu.edu

Master of Arts in Social Emotional Learning (SEL) program is intended to be a catalyst for transformational change in school communities. SEL impacts ALL students and educators everywhere, every day. This program will equip the educator with research-based knowledge and skills in self-care, cognition, trauma, and the ability to create healthy environments and relationships that are culturally responsive, equitable, and supportive for the whole child. A deep dive into personal identity, culture, leadership, community, and programs will provide an SEL foundation where a positive school climate thrives.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Conduct and complete an action research project based on SEL research, theory, and practice that will create inclusive environments for the whole child.
- Evaluate the impact of SEL competencies on student success metrics at the various developmental levels.
- Distinguish the intersectionality between SEL, equity, cognition, and cultural responsiveness in educational communities.
- Examine SEL communities, frameworks, programs, and policies.
- Develop SEL leadership skills to support teachers, administrators, and families in transforming school culture and climate

Degree Requirements

To receive a Master of Social Emotional Learning students must complete 45 quarter units of graduate work. A total of 4.5 quarter units of graduate credit may be granted for equivalent graduate work completed at another institution, as it applies to this degree, and if the units were not used in earning another advanced degree, and provided the coursework was completed within the past 7 years.

Requirements for the Major

(10 courses; 45 quarter units)

SEL 600	SEL Education Communities
SEL 605	Identity and Culture <i>Prerequisite: SEL 600</i>
SEL 610	Cognition and Emotion <i>Prerequisite: SEL 605</i>
SEL 615	SEL Action Research Methods <i>Prerequisite: SEL 610</i>
SEL 620	SEL Frameworks <i>Prerequisite: SEL 615</i>
SEL 625	Trauma in Education <i>Prerequisite: SEL 620</i>
SEL 630	SEL Strategies <i>Prerequisite: SEL 625</i>
SEL 635	Leadership and SEL in Context <i>Prerequisite: SEL 630</i>
SEL 640	SEL and Assessment <i>Prerequisite: SEL 635</i>
SEL 680	SEL Capstone <i>Prerequisite: SEL 600, SEL 605, SEL 610, SEL 615, SEL 620, SEL 625, SEL 630, SEL 635, & SEL 640</i>