

**MAC Program Approved
Practicum Sites
San Diego/Carlsbad**

Update October 22, 2019

APPROVED SITE

Alvarado Parkway Institute

7050 Parkway Dr.
La Mesa, CA 91942
619-465-4411

Contact: Carrie Morrison, Psy.D.

Director of Psychology
(619) 667-6093 (phone); (619) 667-6172 (fax)
cmorrison@apibhs.com

Program Description: Trainees will get experience and extensive training with adults 18 years and up on the inpatient unit providing individual, couples, family, and group therapy, intervention plans for suicidal/homicidal individuals and domestic violence, behavioral plans, and psycho-education. There is an opportunity to work on the forensics unit. Trainees are required to make a one-year commitment with 16-20 hours a week. Shifts are from 8-4:30 and group supervision is from 7-10am on Friday mornings. Students will also receive one hour of individual supervision a week and work with a multi-disciplinary treatment team.

APPROVED SITE

APEX Recovery

Contact: Mallory Mitchell, Clinical Director
mmitchell@apex.rehab

Inpatient/rehabilitation residence: 4251 Nabal Dr.
La Mesa, CA 91941

Program Description: APEX recovery offers a residential program for treatment of addictions in a holistic, evidence based treatment environment. Three distinct medical approaches are options to treat addictions: internal/addiction medicine, psychiatry, and integrative/holistic therapies. The outpatient program consists of group, individual, and couples psychotherapy, drug and alcohol counseling, psychiatry, and dual diagnosis treatment. Day and evening scheduling offered.

APPROVED SITE

CAPE
(Community Allies for Psychological Empowerment)

Various locations in Linda Vista, City Heights, and El Cajon

Contact: Dr. Eric Marcus
 ehmarcus@yahoo.com
 (858) 531-6959 (cell)

Program Description: CAPE encompasses the following sites: El Ninto Domestic Violence Center, Bayside Community Center serving a geriatric population, Bridge of Hope meeting needs of East African refugee population, and a sober living facility in El Cajon. Trainees are expected to commit to one year and will receive 10 hours of face to face counseling a week and four hours of group supervision. Clinical experiences will include individual, group, bio-psycho-social interviewing, training in DSM5 diagnosis, and possibility for family counseling.

Recently added by Dr. Marcus:

Students are trained in the application, development, and refinement of psychotherapy and assessment skills.

- a. Maintaining the highest level of professional ethics. following all legal mandates established by federal and state regulations.
- c. Modeling professionalism, integrity, collaboration, and mentorship.
- d. Facilitating multicultural receptiveness and clinical competence in working with diverse populations.
- e. Utilizing best practices and diagnostic tools including the DSM-5.

HOW CAPE's TRAINING PROGRAM WORKS: CAPE's assessment and clinical services are delivered by a range of students in marriage and family therapy, and clinical mental health counseling. All clinical and forensic services, including assessment, treatment, and reports are supervised by Eric Marcus, M.D., a Board Certified psychiatrist. License #A19220.

CAPE provides psychological services (individual and group) to numerous adults placed in residences in or near El Cajon. These individuals have been involved with the criminal justice system.

CAPE also provides group and individual counseling to mothers and children in a facility for victims of domestic abuse.

APPROVED SITE

Casa De Amparo
325 Buena Creek Rd.
San Marcos, CA 92069

Contact: Celeste Leichliter
Volunteer Coordinator
cleichliter@casadeamparo.org

Program Description: Casa de Amparo annually serves 1,300 Casa Kids, from prenatal to 24 years old, as well as 700 families, through six programs that promote healing, growth, and healthy relationships. These programs include Residential Services, Counseling Services, Family Visitation, Hayward Child Development Center, New Directions, and Young Parent Network. Casa de Amparo is the San Diego Chargers Courage House, part of a national network of NFL teams and local charities dedicated to the prevention of child abuse.

Experience Provided: The Counseling Center staff at Casa de Amparo guides, advocates for and supports children and families participating in Casa's programs to help treat the effects of child abuse and neglect and stop the cycle. Casa de Amparo's Outpatient Counseling Services are designed to support children and families facing a variety of individual or family stressors and/or mental health issues.

APPROVED SITE

Center for Community Solutions

San Diego: 4508 Mission Bay Drive, San Diego, CA 92109

El Cajon: 460 N. Magnolia Ave., El Cajon, CA

(619) 697-7477

Escondido: 240 S. Hickory St., Ste. 110, Escondido, CA

(760) 747-6282

Contact: Allison Johnson, Counseling Services Manager

(619) 697-7477 (phone)

ajohnson@ccssd.org

Program Description: Outpatient facilities providing multidisciplinary services specializing in treatment and services for survivors of sexual assault and domestic violence. Opportunities for work with clients on general issues are also available.

Experience Provided: Clinical opportunities with families, adults, and children who have experienced domestic violence or sexual assault. Most clinical hours are on-site at La Mesa or Pacific Beach offices. The specialty is in working with children exposed to DV. 56 hours of training for certification by the State of California as a Crisis Counselor in Domestic Violence and Sexual Assault required before seeing clinical clients. This is offered three times a year-February, June, September. Specialized play therapy rooms for children, videotaping capabilities, individual and group supervision required.

Requirements: Previous experience with trauma desired. Students must successfully complete application, interview, and be fingerprinted.

APPROVED SITE

Center for Mindful Relationships

2333 First Avenue, Suite 204
San Diego, CA 92101

Contact: Mary Edwards
Executive Director
(619) 685-0041 (phone)
maryalex@msn.com

Program Description: Center for Mindfulness Relationships is a social service agency providing family therapy to members of the San Diego community. Trainees are provided with experience in all aspects of working in family systems including: individuals, couples, families, schools, custody cases, and parenting skills.

APPROVED SITE

Circle of Friends
105 N. Rose Street #211
Escondido, CA 92027

Contact: Desire West
dwest@usacof.org

Program Description: Circle of Friends has two homes for boys aged 12 to 17, who have been removed from their homes because of abuse or neglect. The mission is “to provide the nurturing, structure, and therapy required to give these boys the best chance to become healthy, productive, and independent adults.”

Trainees will be involved in skills development, individual, and group therapy.

APPROVED SITE

Community Research Foundation

Program Description: Community Research Foundation is a San Diego-based not-for-profit corporation providing behavioral health services to adults, children and families. They operate 32 programs offering a wide range of services including: Outpatient programs serving adults, children, youth and families; Assertive Community Treatment (ACT) programs targeting homeless individuals with psychiatric disabilities, often including co-occurring substance-related problems; short-term acute residential treatment (START) programs which provide an alternative to voluntary acute psychiatric hospitalization; a transitional residential program; and a supported housing program.

Community Research Foundation has a memorandum of understanding with the MAC Program at National University that includes 26 of their programs. MAC students have completed practicum hours in a number of the facilities operated by CRF. The Community Research Foundation programs are listed below. National University MAC students should contact the individual programs directly if interested in pursuing a practicum at one of the sites.

Assertive Community Treatment (ACT)

IMPACT (Assertive Community Treatment)

1260 Morena Blvd., Suite 100
San Diego, CA 92110
(619) 398-0355
Director: Melissa Beals, LMFT
MBeals@comresearch.org

Senior IMPACT

928 Broadway
San Diego, CA 92101
(619) 977-3716
Director: Bridgett Kiefaber, LCSW
BKiefaber@comresearch.org

Outpatient Programs – Adult

Areta Crowell Center Wellness and Recovery Center

1963 Fourth Avenue
San Diego, CA 92101
(619) 233-3432
Director: Nicole Wilson
NWilson@comresearch.org

APPROVED SITE

Douglas Young Wellness and Recovery Center

10717 Camino Ruiz, Suite 207

San Diego, Ca. 92126

(858) 695-2211

Director: Laura Talbott, LMFT

LTalbott@comresearch.org

Acting Director until Jan. 2, 2020: Donielle Turner

dturner@comresearch.org**Heartland Wellness and Recovery Center**

460 North Magnolia Ave. Suite 110

El Cajon, CA 92020

(619) 440-5133

Director: Grace Odyek, AMFT

GOdek@comresearch.org**Jane Westin Center**1045 9th Ave

San Diego, CA 92101

(619) 235-2600

Director: Kenna Mauhili, PsyD

KMauhili@comresearch.org**Maria Sardinias Wellness & Recovery Center**1465 30th St., Ste. K

San Diego, CA 92154

(619) 428-1000

Director: Paul VanPortfliet, Psy.D.

PVanPortfliet@comresearch.org**South Bay Wellness and Recovery Center**

1196 Third Ave.

Chula Vista, CA 91911

(619) 427-4661

Director: Michelle Buland

MBuland@comresearch.org

Acting Director until February 2020: Talissa Camacho-Sepulveda

Tcamacho@comresearch.org**StepForward Central (CalWORKs)**2772 4th Avenue

San Diego CA 92103

(619) 295-6067

Director: Claudia Covarrubias, LMFT

APPROVED SITE

CCovarrubias@comresearch.org

StepForward North Central (CalWORKs)

8745 Aero Drive, Unit 107

San Diego CA 92123

(858) 384-7035

Program Manager: Trena Ensign, LMFT

TEnsign@comresearch.org

StepForward North Coastal (CalWorks)

1919 Apple St. Suite A & B

Oceanside, Ca. 92054

Director: Victoria Hernandez, LPCC

vhernandez@comresearch.org

StepForward South (CalWORKS)

1105 Broadway, Suite 207

Chula Vista, CA 91911

(619) 425-5609

Director: Eric Delgado, LCSW

EDelgado@comresearch.org

StepForward North Inland (CalWorks)

500 La Terraza Blvd. #117

Escondido, CA 92025

(760) 745-0281

Director: Pamela Jacobs, AMF

PJacobs@comresearch.org

StepForward East

900 N. Cuyamaca St. Suite 100

El Cajon, Ca. 92020

Director: Maryam Zappier, Psy.D, LMFT

MZappier@comresearch.org

Outpatient Programs – Children**Crossroads Family Center** (Child, Youth & Family Services)

1679 E. Main St., Ste. 102

El Cajon, CA 92021

(619) 441-1907

Director: Brenda Estrada, LMFT

BEstrada@comresearch.org

APPROVED SITE

Douglas Young Youth & Family Services (Child, Youth & Family Services)

7907 Ostrow Street, Suite F
San Diego, CA 92111
(858) 300-8282
Director: Sara Welsh, LMFT
SWelsh@comresearch.org

Mobile Adolescent Service Team (Child, Youth & Family Services)

1202 Morena Blvd., Suite 203
San Diego, CA 92110
(619) 398-3261
Director: Colleen Hennessy, LPCC
CHennessy@comresearch.org

Provides mental health services to adolescents enrolled in the Juvenile Court and Community Schools. Services are provided in school settings and in client's homes.

Nueva Vista Family Services (Child, Youth & Family Services)

1161 Bay Blvd., Suite B
Chula Vista, CA 91911
(619) 585-7686
Director: Zugiel Torres, LMFT
ZTorres@comresearch.org

NVFS is a county contracted program that provides mental health services to low-income and medical children and adolescents in the South Bay area of San Diego County. Most clients reside in Chula Vista and National City. 50% are Latino. The Program has therapists in an outpatient clinic and also a therapist that provides school-based counseling in about 15 schools in the area."

Residential Programs

The residential START programs are a treatment facility for adults with chronic mental illness. The facilities are open 24 hours a day/seven days a week.

Esperanza Crisis Center (Short Term Residential Treatment Crisis Centers-START)

490 N. Grape St.
Escondido, CA. 92025
(760) 975-9939
Director: Lisa Bertelle, LMFT
LBertelle@comresearch.org

Halcyon Center (START)

1664 Broadway
El Cajon, CA 92021
(619) 579-8685
Director: Priscilla Grossman, LMFT

APPROVED SITE

PGrossman@comresearch.org

Del Sur (START)

892 27th Street
San Diego, CA 92154
(619) 575-4687
Director: Suzanne Gothard
SGothard@comresearch.org

Jary Barreto Crisis Center (START)

2865 Logan Avenue
San Diego, CA 92113
(619) 232-4357
Director: Martha Noderer, LMFT
MNoderer@comresearch.org

New Vistas (Short Term Acute Residential Treatment (START) Crisis Centers)

734 10th Avenue
San Diego, CA 92101
(619) 239-4663
Director: Natanya Glezer, PsyD
NGlezer@comresearch.org

Turning Point Crisis Center (Short Term Acute Residential Treatment (START) Crisis Centers)

1738 South Tremont Street
Oceanside, CA 92054
(760) 439-2800
Director: Holly McNerney, MA
HMcNerney@comresearch.org

Casa Pacifica (Transitional Residential)

321 Cassidy Street
Oceanside, CA 92054
(760) 721-2171
Director: Megan Patrick Thompson, Ph.D.
MPatrickThompson@comresearch.org

Vista Balboa Crisis Center

545 Laurel Street
San Diego, CA 92101
(619) 233-4399
Director: Debon McGill, Psy.D.
DMcGill@comresearch.org

APPROVED SITE

County of San Diego – Memorandum of Agreement

3255 Camino Del Rio South
San Diego, CA 92108

Contact: Tim Nou
Tim.Nou@sdcounty.ca.gov

Program Description: The Memorandum of Agreement is for the Behavioral Health Services clinics (BHS) run by the County of San Diego. The county provides mental health services to its clients through alcohol and drug treatment, domestic violence treatment, and therapeutic behavioral services.

For a full listing of available sites, see <http://www.sdcounty.ca.gov/hhsa/programs/bhs/>

Please send a cover letter and resume to Tim Nou and he will send it to County providers.

APPROVED SITE

Crittenton Services for Children and Families

Various locations in Southern California

Contact: Audrey Fisher Price
afisherprice@crittentonsocal.org
714 680-9000

Crittenton Services for Children and Families practicum focuses on the Unaccompanied Children's Program. They are contracted through the Federal government and work with Homeland Security and Immigration Customs Enforcement (ICE). When children cross our borders without their parents or adults, ICE is responsible to find shelters for them while Crittenton works on finding sponsors for them to live with in our country.

Practicum students need to speak Spanish as our children come predominantly Central America. They are a shelter and students would be conducting individual and group therapy.

“We have a strong practicum program and welcome students.”

APPROVED SITE

Deaf Community Services of San Diego

1545 Hotel Circle South, Suite 300
San Diego, CA 92108

Contact: Alicia Walsh
Clinical Director
awalsh@dcsosfd.org
619 398-2441

Program Description: DCS provides counseling services, drug and alcohol recovery services, and a country operated Clubhouse for the Deaf. DCS also provides employment services and literacy program. You can look at the website for more information at www.deafcommunityservices.org. Trainees are accepted based on availability in the behavioral health program and must know ASL.

APPROVED SITE

Desert Mountain Children's Center

The address of this agency is in Apple Valley, Ca but students are placed in schools in San Diego.

Contact: Michelle Feldman
michelle.fehlman@CAhelp.org

Program Description: Desert Mountain Children's Center provides school based counseling for grades k-12. In San Diego, DMCC is contracted to provide services to students at the 13 High Tech High charter school campuses in Point Loma, Chula Vista and San Marcos, as well as Health Science High and Middle College in City Heights. The majority of the students served are enrolled in Special Education and are receiving counseling services as part of their IEP (Individualized Education Program). Trainees at this site will carry a caseload of 10-15 students and will provide individual counseling and group counseling, and will have opportunities to also work with families of students. Trainees will be required to create and implement client treatments plans and keep current with notes/charting. In addition to counseling, students will work collaboratively with school staff to support treatment goals system wide. They will also attend student IEPs and be an active participant in creating and monitoring IEP goals related to mental health. Both individual and group supervision are provided and required to meet BBS client/supervision ratio. It is helpful if trainees have some experience with working with primary and/or high school students, but it is not required.

APPROVED SITE

Generate Hope

4025 Camino Del Rio South #300
San Diego, CA 92108

Contact: Susan Munsey, LCSW
Executive Director
(619) 818-4026 (phone); (619) 342-7508 (fax)
susan@generatehope.org

Program Description: At Generate Hope they work with women who have been sex trafficked to rehabilitate them from the traumas of the sex trade. Students would have the opportunity to co-lead 5 psychotherapy groups weekly, plus work one on one with women in individual therapy. Generate Hope is an opportunity for students to obtain experience with a variety of diagnoses & issues beyond sex trafficking as well. They typically deal with such things as homelessness, histories of child abuse & neglect, PTSD, depression, bipolar disorder & much more. Contact the Director/Supervisor, Susan Munsey, if you are interested in this site.

APPROVED SITE

Grossmont Union High School District
Monte Vista High School Guidance Center
 3230 Sweetwater Springs Blvd.
 Spring Valley, CA 91977

Contact: Mayumi Y. Douglas
 mdouglas@guhds.net

Traineeship Opportunity:
 MONTE VISTA HIGH SCHOOL
 Guidance Center

Volunteer Clinical Placement Opportunity for National University students
 Meets requirements for clinical field work experience with NU Master of Arts in
 Counseling Psychology program.

Site: MONTE VISTA HIGH SCHOOL
 3230 Sweetwater Springs Blvd., Spring Valley, CA 91977
 Starting date: Between July 30th to August 14th 2018
 Interviews: As soon as possible

This volunteer position offers:

- Direct experience providing individual and family school-based counseling services
- Co-facilitate support groups to High School students (English, Spanish available).
- Participate in training events offered to district volunteers.
- Weekly individual and group clinical supervision
- Training in clinical documentation Participation in school activities such as: Unity days, staff development training events, Rachelle's challenge, camp LEAD, among others. \$100 Amazon or bookstore gift card

Expectations:

- Academic year-long commitment: No later than August 14th 2018 to June 5th 2019
- 20 hours per week on site, 10 hours per week of direct clinical services
- Weekly participation in individual and group clinical supervision

APPROVED SITE

HOPE Program
995 Gateway Center Way, Suite 208
San Diego, CA. 92102

Contact: Drew Kingston, Ph.D.
dkingston@hopeprogram.biz
Phone: 858 523-4520

Program Description from Dr. Kingston:

“The HOPE Program is a forensic mental health agency located in various sites across California, specializing in the assessment and treatment of adult male and female offenders. Our particular area of focus is the assessment and treatment of adults who have come into contact with the law due to a prior sexual offense. However, diverse types of offending is the norm and our clients also present with a number of other issues that are pertinent to individuals wanting experiencing in this area, such as cognitive delay and serious mental illness.

At HOPE we adhere to the “Practice Standards and Guidelines” of the Association for the Treatment of Sexual Abusers (ATSA) and we are a CASOMB Certified Sex Offender Agency. HOPE offers vast opportunities to enhance clinical and assessment skills. The duties of our students include co-facilitation of groups and potential to gain experience providing individual therapy. Moreover, students will gain exposure to conducting structured and semi-structured assessments. These include general psychosocial/psychosexual assessments, comprehensive risk assessments, and psycho-diagnostic assessments. Of course, they also participate in the required supervision (individual and group) and participate in team meetings and regular didactic presentations to ensure everyone is up-to-date on current best practices.”

APPROVED SITE

Hospice of the North Coast

2525 Pio Pico Dr., Ste. 301

Carlsbad, CA 92008

Contact: Jim Reiser

Bereavement Services Coordinator

jreiser@hospicenorthcoast.org

(760) 431-4100 (phone); (760) 431-4133 (fax)

Program Description: Hospice of North Coast is a small, stand alone hospice serving terminally ill patients and their families from Del Mar north through Camp Pendleton and east to Escondido. Bereavement counseling is provided to the hospice families as well as work with play therapy, sand tray, expressive arts, music, and energy work. Trainees receive a comprehensive orientation and training to hospice in the grief and mourning process.

APPROVED SITE

Interfaith Community Services
Multiple locations

Contact: Megan Hawker, LMFT
mhawker@interfaithservices.org

Program Description: Services offered include: couples and family therapy, child and adolescent therapy, crisis intervention, PTSD, veterans service related trauma, anger management, and a senior program.

Facilities include:

Betty and Melvin Cohn Center
550 W. Washington Ave.
Escondido, CA 92025
(760) 489-6380

Coastal Service Center
4700 North River Rd., Suite A & C
Oceanside, CA 92057
(760) 721-2177

Coastal Veteran's Center
1617 Mission Avenue
Oceanside, CA 92058
(760) 529-9979

APPROVED SITE

Invisible Wells
1126 N. Second St.
El Cajon, CA. 92021

Contact: Aliya Fonseca, Ph.D., LMFT, LPC
(619) 447-0910
docfonseca@hushmail.com

Program Description:

Dr. Fonesca states “Invisible Wells is a small clinic in the E. County that provides mental health counseling, psychological testing, and medication management to individuals, couples, and families. Our staff is multilingual and multicultural. We offer flexible hours. All staff receives training in EMDR, Psychological Testing, Co-therapy with a Psychiatric Mental Health Nurse, Clinical Hypnosis, Biofeedback, access to SD county trainings and our own internal summer series of trainings.” Students will treat individuals, couples, families, and small groups. A minimum of 8 hours per week is required, but 16 is preferable.

APPROVED SITE

License to Freedom

131 Avocado Ave.
El Cajon, CA 92021

Contact: Dilkwaz Ahmed
(619) 401-2800
Dilkhwaz@licensetofreedom.org

Program Description: License to Freedom offers culturally and linguistically appropriate services to diverse populations such as Iraqi, Iranian, Burmese, Afghani, African, Turkish, and Kurdish. This non-profit community based organization promotes nonviolence through community education, self-sufficiency, and advocacy.

APPROVED SITE

McAlister Institute
1400 North Johnson, Suite 101
El Cajon, CA 92020

Contact: Dan Sharer, LMFT
Dan.Sharer@mcalisterinc.org
949 500-2774

Program Description: "McAlister Institute offers 26 programs that represent a complete continuum of care for the prevention and treatment of alcoholism and drug addiction. From pregnant women and troubled teens to ex-offenders, homeless men, monolingual Spanish speakers, and co-occurring individuals, each program is built on more than 35 years of experience in alcohol and other drug services and has been tailored to meet the needs of individuals, families, and communities that have been affected by substance abuse. Specific services include prevention, intervention, social model detoxification, individual and group counseling, treatment planning and case management, outpatient treatment and education, drug testing, co-occurring mental health treatment, vocational rehabilitation, re-entry assistance, long-term and short-term residential treatment, sober living, relapse prevention and aftercare, as well as referrals."

Description from website

APPROVED SITE

Mental Health Systems: Families Forward Wraparound

9445 Farnham Street
San Diego, Ca. 92123
Phone: 858 380-4676

Contact: Amanda Mastrup
amastrup@mhs.org

Families Forward Wraparound provides mental health and supportive services with programs to help children remain in their homes with family. Various mental health services include case management, crisis intervention and planning, substance abuse treatment.

APPROVED SITE

Mental Health Systems: North Central Mental Health Center

1250 Morena Blvd.
San Diego, CA 92110

Contact: Leslie Thayer, Ph.D.
Leslie.Thayer@sdcounty.ca.gov

Program Description:

Dr. Thayer's description: "We provide outpatient mental health services to adults with severe mental illness. Duties include assessment, individual therapy, group therapy, outreach, advocacy, and training. All interns/practicum students will have 1:1 and group supervision. Interns will be a part of a multidisciplinary team. We do require 16 hours minimum. Interns will typically co-facilitate 1-2 groups, and see clients for short-term therapy (12 sessions). They will also do behavioral health assessments and learn about diagnosis and treatment planning."

APPROVED SITE

**Mental Health Systems: North Coastal
Mental Health Center**
1701 Mission Ave.
Oceanside, CA 92058

Contact: Myesha Barton
MBarton@mhsinc.org

Program Description: North Coastal Mental Health Center is a county-contracted outpatient mental health center for adults diagnosed with serious mental illness. Our main function is to provide medication management services. In addition, we offer group therapy, brief case management, crisis intervention, brief individual therapy, homeless case management, and referrals to community resources.

"We have 3-4 slots available for interns and they must be able to provide 16-20 internship hours/week. The internship must be at least 9 months long. The intern would be required to attend a three day electronic health record training provided by the county and pre-employment screening (TB test and drug screen) provided by MHS. Individual and group supervision is provided (* group supervision is offered on Wednesday only)."

APPROVED SITE

**Mental Health Systems:
North County Community Assessment Team (CAT)**
940 East Valley Parkway
Escondido, CA 92025

Contact: Celica Garcia
Program Manager
(760) 747-0205
cegarcia@mhsinc.org

Program Description: The Community Assessment Team (CAT) is a voluntary program that provides services for the entire family. We offer assessment, as well as providing strength-based groups for youth, and parenting classes for parents. We serve school aged youth who are at risk of entering the justice system; struggling in school; associating with gangs; and/or experiencing anger management issues. We also serve families struggling with how to help their children make the right decisions. Our family centered outpatient services include: Strength based assessment; Individual, family and group counseling; Case management; Crisis intervention; Medication evaluation and monitoring.

Trainees primarily conduct individual therapy and possibly a group, with case management. Individual and group supervision is offered weekly. Students can obtain 12-20 hours per week.

APPROVED SITE

Mental Health Systems School Based Program

4660 Viewridge Avenue
San Diego, CA 92123

Contact: Jessica Holzer
jholzer@mhsinc.org

Students may be placed with at least two schools ranging from elementary to high school. All schools are within the San Diego Unified School District and are located mostly in central San Diego.

APPROVED SITE

Mira Costa College Student Health Services

1 Barnard Drive, Bldg 3300
Oceanside, Ca. 92056

Contact: Ghada Osman
gosman@miracosta.edu
(760) 795-6675

Program Description: Mira Costa Community College's Student Health Services provides medical and psychological counseling to Mira Costa students, ages 17 through 60's. Population of the college is 12,000.

Experiences Provided: Mostly individual counseling but the opportunity for couples work, crisis intervention, and community referrals. Modalities are cognitive therapy, narrative therapy, and family systems.

APPROVED SITE

Murrieta Valley Unified School District

41870 McAlby Court
Murrieta, Ca. 92562

Contact: Tiffany Lockhart
MVUSD Behavioral Health Team MFT Supervisor
tlockhart@murrieta.k12.ca.us

Program Description: Trainees work within the school district with children k-12.

APPROVED SITE

Neighborhood House Association/ Project Enable

286 Euclid Ave., Suite 102
San Diego, CA. 92114

Contact: Megan Boysen
Care Coordinator
619 266-2111 x124
mboysen@neighborhoodhouse.org

Program Description: The Project Enable TAY (Transitional Age Youth) Program provides specialized mental health services to young adults between 18-25 suffering from severe and persistent mental health illness and co-occurring disorders that may be interfering with their ability to function in various areas of their life. The program goals are to reduce the psychiatric symptoms and need for hospitalization and improve level of functioning. Services include individual and group counseling, case management, and medication management. A multi-disciplinary team works together to individualize treatment with a focus on recovery from a bio-psychosocial rehabilitative perspective.

APPROVED SITE

New Haven Youth and Family Services

216 W. Los Angeles Dr.
Vista, CA 92083

Contact: Rowena Versoa
TBS Lead Coach
rversosa@newhavenfs.org
(760) 630-4065 * 105 (phone)

Program Description: The site provides residential treatment, special education, vocational training, and clinical intervention, responding to troubled adolescent males and their families.

Experience Provided: The site uses a Therapeutic Behavioral Services program (TBS). TBS is a short term, goal directed service provided to children to assist in achieving the lowest appropriate level of placement.

TBS is a one-to-one service that targets the specific behaviors that are barriers to achieving the lowest level of care. Accordingly, a behavioral coach works with the child in the milieu with the goal of increasing their coping skills, as well as working with the parent and/or caregivers in teaching them effective interventions.

APPROVED SITE

North County Lifeline

200 Michigan Avenue
Vista, CA. 92084

Contact: Halima Martelli, LCSW
Clinical Supervisor
(760) 726-4900 (phone)
hmartelli@nclifeline.org

Program Description: Nonprofit social service agency serving youth, adults, and families; domestic violence perpetrators and victims. Collaborates with probation and other agencies. Groups include Alcohol, Tobacco, and Other Drugs Diversion program, Building on School Success, Anger Management, Decision Making, Gang Diversion, Parenting Classes, and Teen Parenting.

APPROVED SITE

Palomar Family Counseling Service

1002 E. Grand Ave.
Escondido, CA 92025

Contact Person: Lisa Turner, LCSW
lturner@pfcs.agency
(760) 741-2660 (phone)

Program Description: Palomar Family Counseling Service (PFCS) is an independent not-for-profit agency. PFCS has offices in Escondido, Vista, Fallbrook and Poway and provides a full range of comprehensive services. These services include prevention, education, early intervention, assessment, clinical treatment, individual and family counseling, group counseling, crisis response, professional training, and mentoring.

Trainee experience involves school site-based therapeutic services in North County schools (primarily Vista and Oceanside), and in-office clinical services to a varied population.

APPROVED SITE

Project IMPACT at SDSU

4283 El Cajon Blvd. #215
San Diego, CA. 92105

Contact: Dr. Brent Taylor
btaylor@mail.sdsu.edu
Phone: 619 594-3871

Program Description: Project I.M.P.A.C.T. (Interventions with MFT Trainees, Parents, And Children Together)

Program Goal

"We are here to serve students and help them achieve academic success! We realize that children face many challenges in today's society and we are here to equip them with tools for success as they learn how to balance life's demands. We provide therapy for children of all ages at your elementary school. We are also available for consultation with teachers and support staff.

- Who? Our therapists are trainees who have at least one year of clinical experience in the master's degree program of marriage and family therapy. They are supervised by Licensed Clinicians who have many years of experience working in schools and with children.
- Where? We provide on-site therapy at the school. We are also available to provide home-based therapy when necessary to facilitate communication between the family and therapist.
- What? We provide therapeutic services geared toward children in a supportive and collaborative environment. We conduct art and play therapy in various modalities such as individual, family, or groups.
- When? Our trainees will be onsite a few days a week to provide therapy during school hours. They may also be available after school hours for home visits.
- Why? Many times we can feel overwhelmed in our lives and go through difficult periods. Children also get stressed and experience difficulties just like adults do. While talking therapy can be very effective for adults, children often benefit from expressing themselves through creativity and play. Project Impact provides children with a safe, non-judgmental environment that builds strength and confidence in themselves. We believe that developing collaborative relationships with parents and teachers can facilitate positive change in children's lives. By attending to their socio-emotional needs, children will be freed up to concentrate on their schoolwork and find joy and fulfillment in learning activities.

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San Diego Center for Children

3002 Armstrong Street
 San Diego, CA. 92111
 and various locations

Contact: online application

Program Description: Cheryl Rode, Ph.D., VP of Clinical Operations, stated

“We require students to be with us for 8-10 months, with most placements beginning in the Fall. Clinical programs typically require weekday hours and all hours must be during the supervisor's working hours. The application period is in March and April through the online application for the Fall.”

Students who are interested in placement can complete the online application through the website www.centerforchildren.org/about under Careers/Graduate Student Training section. Information on placement training and instructions for applying are provided along with an online application. Candidates who meet requirements will be contacted as positions become available. Students are asked not to contact program staff directly.

Programs with San Diego Center for Children include:

- a. **Family Wellness Center Outpatient Program** provides individual and family therapy, group therapies, parenting classes, case management, and psychiatric services for children between 3-21. Located in La Mesa and North County.
- b. **School Based Program North County Academy.** Located in Carlsbad for students in grades 1-12, providing counseling, skill building, therapeutic activities, and education. Focus is on improving the student's academic progress as well as overall behavioral health.
- c. **School Based Lifeschool** is on the campus of Southwest High School in the South Bay and provides an integrated day of academics and various styles of therapy and behavioral support for students in grades 7-12. The therapeutic team works with each youth to develop communication and social skills and transfer skills in everyday life.
- d. **San Diego Center for Children Academy** is a non-public school in Kearny Mesa for ages 6-19, where students are supported with more individual attention for educational and behavioral needs.
- e. **Special Families Foster Care** is a program that places foster children in “treatment level” homes throughout SD County. The program recruits and trains foster parents.

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- f. **Foster Family Stabilization and Treatment (FFAST)** is for children ages 0-21 and is the sole provider selected by the County of San Diego to provide therapeutic treatment for children living in Foster Family Agency level homes.
- g. **Children's Residential Treatment** (Level 12 and 14) is located in Kearny Mesa and for ages 6-13. Five cottages house eight children, where their daily activities include therapeutic activities, often with a focus on developing coping skills and self-regulation tools for improved communication and relationships.
- h. **Clark Adolescent Program** is located in Kearny Mesa and for ages 13-18 (Level 14). A cottage for 30 youth encourages social and communication skills. Individual, family, and group therapies is a large focus.
- i. **Providence Community Services, Catalyst Program** is an Assertive Treatment Program for individuals aged 16-25 and a chronic mental illness. The ACT team provides comprehensive and recovery-oriented treatment.

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Due to program restructuring SDCC is temporarily not able to take trainees

San Diego Center for Counseling

1122 Broadway, Suite 200

San Diego, CA 92101

and

12064 Woodside Ave. Suite 105

Santee, CA 92040

Contact: Cara Silva
hanline151@yahoo.com

Description: The San Diego Center for Counseling is within the Family Justice Center, which works with families and victims of domestic violence. Trainees would do intakes, individual, family, and group counseling, parenting classes and wrap around services. The trainee would work predominately with children aged 2-18 who have been impacted by traumatic events.

San Diego Youth Services (SDYS)

Contact: Ariela Garcia
agarcia@sdyouthservices.org

Program Description: SDYS is a multi-agency program where youth and their families are provided with respite care, crisis support, case management, counseling, mental health and substance abuse interventions, skills building groups, and academic support. SDYS place practicum students from Aug-July. The application process begins in December, followed by interviews in Jan and Feb. Trainees will receive professional training throughout the year. Clinical hours will include family, relational, individual, and group. Individual and group clinical supervision provided.

Adoption Support Services

Population: 2-18 year old children, youth and families formed through Adoption

Duties: Individual, family and group counseling services. Adoption services are for families at every stage of adoption from placement to post-adoption. All counseling services are attachment-based and focused on positively impacting the family system. Additional training is provided on evidence-based services such as Theraplay and Attachment Narrative Therapy.

Trainees must have a reliable car to provide home-based counseling services with adoptive families.

Trainees must be available to attend the following:

- Adoption Support Services family events and groups in the evening.
- Clinical training and group supervision weekly on Tuesdays at 8:30am-12:30pm.
- Clinical Individual supervision TBD.

Breaking Cycles

Population: 13-18 year old adolescents involved with Probation and their families

Duties: Individual, family and group counseling services. The trainees would be responsible for providing assessment interviews for the Breaking Cycles Assessment Process, writing case plans and providing intervention services that are home or school-based and include: crisis management, behavioral interventions, collateral contacts, and individual and family therapy to children, groups (including anger management and life skills at site) for all youth and families referred through the Breaking Cycles program. Bilingual (English/Spanish) applicants are encouraged to apply.

Must participate in weekly site Treatment Team review and attend all mandated probation trainings and meetings. Must have reliable car to drive between Breaking Cycle's offices and assigned site.

Trainee must be available to attend the following:

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- Weekly site Treatment Team Meetings: date & time depends on site assignment.
- Monthly staff meeting at Breaking Cycles at Starling Office: First Friday of the Month at 8:30am and weekly meetings with Program Manager at respective site.
- Clinical group supervision: typically weekly on Fridays 11am-1pm.
- Individual clinical supervision TBD (typically on Friday mornings).

Spring Valley and East Communities Center (SVECC):

Population: 5-18 year old at-risk children, adolescents and their families

Duties: Individual, family and group counseling services. The trainees would need to be flexible and available to work at school settings, SVECC, and the youth's home if needed. Must have reliable car to drive between SVECC and various school sites. The trainees will be in consistent communication and coordinate with Case Managers, Program Manager, Clinical Supervisor, and school administration.

The interns must be available to work three days per week at practicum. Typical shift is from 8am-4pm or 3pm-7pm. This may include time at a school in morning and afternoon appointments with families at SVECC.

Trainee must be available to attend the following:

- Co-facilitate a weekly group with a case manager.
- A multi-disciplinary meeting once a week on Tuesdays at SVECC
- A monthly intern meeting with Program Manager
- Clinical group supervision is weekly on Tuesdays at SVECC
- Clinical Individual supervision TBD.

El Cajon Valley High School (ECVHS) Family Resource Center (FRC):

Population: 5-18 year old at-risk children, adolescents and their families

Duties: Individual, family and group counseling services. The trainees would need to be flexible and available to work at school settings and the youth's home if needed. Must have reliable car to drive between SVECC, school sites, and in the community if needed. The trainees will be in consistent communication and coordinate with Case Managers, Program Manager, Clinical Supervisor, and school administration. Trainee will be asked to support drop in youth and also managing day to day Crisis issues on campus. Annual participation with Camp LEAD is strongly encouraged.

The interns must be available to work two- three days per week at practicum. Typical shift is from 8am-4pm or 3pm-7pm. This may include time at a school in morning and afternoon appointments with families at SVECC.

Trainee must be available to attend the following:

- Co-facilitate a weekly group with a case manager.
- A monthly intern meeting with Program Manager
- Monthly treatment team meetings with School Counselors and FRC staff.

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- Clinical group supervision is weekly on Tuesdays at ECCC.
- Clinical Individual supervision TBD.

SAY San Diego
8755 Aero Drive, # 100
San Diego, CA 92123

Contact Person: Megan Baker
Megan.Baker@sdcounty.ca.gov

Program Description: SAY San Diego is a nonprofit organization dedicated to supporting the positive development of young people, their families, and communities in San Diego County. SAY's primary services include: Delinquency prevention and juvenile diversion; extended day before and after school programs; family support and development; health promotion; community development and collaboration; school readiness and support; child abuse prevention; alcohol, tobacco and drug abuse prevention; and mental health.

SAY has numerous locations throughout San Diego County such as Oceanside, Escondido, Chula Vista, San Diego, Mid-City, and El Cajon. Multiple services are provided to individuals, children, and families. For current openings for trainees contact Jennifer Jones at jjones@saysd.org

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South Bay Community Services

430 F St.

Chula Vista, CA. 91910

Contact: Pam Wright, LCSW
Clinical Director
pwright@csbcs.org

Program Description: Large social service community based organization. Provides services in many different areas with varied populations ranging from domestic violence offenders, victims, and families; shelter services; counseling in youth diversion program; day treatment services for adolescent substance abusers; and gender specific services.

Experience Provided: Students provide group, marital, family, and individual counseling as well as on-going case management. Will work with a multidisciplinary treatment team. Individual and group supervision. Initial staff shadowing. Training in child abuse reporting.

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Stepping Stone of San Diego

3767 Central Ave.
San Diego, CA. 92105-2506

Contact: Connie Collins
Manager, Bereavement Intern Program
connie@steppingstonesd.org
619 278-0777

Program Description: Stepping Stone operates both a residential and a non-residential recovery program, each based upon a social model of recovery, to meet the different needs of our clients. The programs rely on the Twelve Steps of Alcoholics Anonymous and utilize peer interaction and involvement, creating a social environment where clients help each other in the recovery process.

Experience Provided: May include residential treatment, outpatient treatment, support services, or “sober living” care.

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Telecare Corporation

3132 Jefferson Street
San Diego, CA 92110
619 683-3100

Contact Person: Karen Paauwe
Gateway to Recovery
kpaauwe@telecarecorp.com

Program Description: Telecare Corporation is a national organization that provides a large continuum of care for behavioral health needs. Programs Gateway to Recovery and Pathways to Recovery provide ACT (Assertive Community Treatment) services. There are 5 ACT teams that serve the most severely and persistently mentally ill population in San Diego County. Referrals are from San Diego County locked treatment centers for clients who are transitioning back into the community. Telecare has a strong sense of Recovery. They are flexible about when to accept new interns, typically each team will accept 1 sometimes 2 trainees each year.

- a. Gateway to Recovery-a Telecare program that provides person-centered, recovery based community services for “high users” of mental health services or those transitioning from long term care placement. The focus is on building self-sufficiency and skills to be able to function more independently in the community. Gateway has three ACT teams. Trainees will work as part of the multi-disciplinary team and provide individual and group counseling. Groups may include co-occurring treatment and education, health and wellness, social skills, vocational readiness, building supports, and common ground.
- b. Pathway to Recovery-a Telecare program that provides psycho-social rehabilitative, recovery oriented, and community based services for individuals from 18-59 years of age who have been diagnosed with a severe mental illness. The trainees are part of the multi-disciplinary treatment team and provide discharge planning and benefits coordination.

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Temecula Valley Unified School District
Temecula, Ca.

Send an email query to Nancy Mireles (nmireles@tvusd.k12.ca.us)

Nancy works with the Special Education Department to locate placement for trainees in the school district. Assignments begin in September to coincide with the school year. Requests need to be sent by the beginning of August. Students will need to receive background and TB clearances.

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The San Diego LGBT Center
3909 Center Street
San Diego, Ca. 92103

Contact: Joseph Severino, Ph.D.
Lead Supervising Psychologist
jseverino@thecentersd.org

Taken From the Website: “The Center offers a wide selection of counseling services through its Behavioral Health Services programs. Services offered include individual, couple/family, and group counseling. Counseling services are available to the LGBTQ community, including those struggling with same-sex/genderqueer relationship violence; transgender and non-binary persons who need assistance with transition or exploring their gender identity; and for individuals, couples & families living with HIV/AIDS. Fees are charged on a sliding scale basis and some insurance plans are accepted. Persons living with HIV may potentially qualify to receive no cost counseling services.

Therapist-led support groups are offered and require an intake with the therapist facilitating the group prior to joining. Current support groups offered are:

- Gay, Bisexual, Transgender (GBT) Men Living with HIV
- Meth Relapse Prevention for GBT Men Living with HIV
- Trans Women Living with HIV
- Trans Women/Transfeminine Support Group
- San Diego County Probation Certified 52-week Relationship Violence Treatment & Intervention Program (Men’s Group, Women’s Group, Transgender & Non-Binary Group)
- Relationship Violence Survivor’s Support Group – All Genders”

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Transitions Family Program at Hannah's House

9455 Farnham St. #100
San Diego, CA 92123

Contact: Program Director
transtionssd@gmail.com
(858) 300-2730 (phone)

Program Description: Clinical services program for blended/divorced families and other families challenged by difficult transitions.

Therapy Services Provided:

- Conjoint Parent-Child Therapy
- Reunification Therapy
- Co-Parenting Therapy & Coaching
- High Conflict Couple Therapy & Co-Parenting Psycho-educational Therapy
- Play Therapy for Children
- Couples Therapy for Blended Families
- Parent-Child Therapy in a Supervised Visitation Setting for Re-engagement or Reunification

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True North Recovery Services

543 Encinitas Blvd. #105
Encinitas, CA. 92024

Contact: James “Kansas” Cafferty

kansas@tnrs-ca.com

760-517-6544

Program Description: True North is an outpatient care provider providing addiction care to many county first responders. According to Kansas, trainees will co-facilitate groups and develop experience with Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, motivational interviewing, somatic experiencing, psychodrama, and various therapies in substance use disorders and co-occurring disorders. The facility provides couples, family, and individual therapy.

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**Union of Pan Asian Communities (UPAC)
Addiction, Treatment, and Recovery Programs**

3288 El Cajon Blvd., Ste. 13
San Diego, CA 92105

Contact: Shola Olaoshebikan, M.A.,RRW
Substance Abuse Treatment Supervisor
solaoshebikan@upacsd.com
(619) 521-5720 ext. 310

Program Description: The Alcohol and Drug Treatment program provides effective substance abuse treatment, recovery, and prevention services to Asian and Pacific Islander adults and adolescents (age 12-17). Working with a variety of cultures and ethnicities, services are provided to support the individual's efforts in attaining and maintaining an alcohol and other drug free life style.

Services Provided:

- Crisis intervention
- Peer support meetings
- Recovery activities
- Individual, group, and family counseling sessions
- Case conference and management
- Sober living skills

UPAC also offers an intensive outpatient program for problem gambling. Trainees may be assigned to work in any of the three programs; adolescent substance abuse, adult substance abuse, and gambling.

UPAC: The New Leaf Recovery Center provides outpatient services for adults who suffer from serious mental health and co-occurring substance abuse conditions. The Center is located in Oceanside and Central San Diego with a South Bay location to be opening soon. Contact Sandi Knickerbocker, LMFT at sknickerbocker@upacsd.com

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Veterans Village of San Diego Bridge Program

4141 Pacific Highway
San Diego, CA 92110

Contact Person: Susanne Haman, LMFT, LPCC
(619) 849-8664
Susanne.Haman@vvsd.net

Program Description:

Veterans Village of San Diego (VVSD) VOP Bridge program:

“VVSD is a non-profit organization serving homeless veterans in multiple programs. Our veterans struggle with a variety of problems, including mental health issues, substance use addiction, physical health issues, employment and legal issues, etc.

The Veterans On Point program (VOP) provides transitional housing, case management, employment services, as well as mental health services for up to 80 clients. Mental health services include a mandatory mental health assessment, crisis management, as well as individual and group therapy, which are optional.

Required intern participation includes: Treatment team meeting on Thursdays 11-12, group supervision on Thursdays 1-3, and 1 hr of individual supervision as scheduled. It is expected that the trainee is on site for 15 to 20 hours a week. Those hours can be fairly flexible within regular business hours. We are asking for a one-year commitment.”

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Vista Hill Incredible Families

Various locations in East, South, North Central, and North County San Diego

Contact Person: Angela Rowe
Program Manager
arowe@vistahill.org

Program Description: Incredible Families is a county funded with three offices (East/South San Diego, North Central, and North County) that provides a 15 week program consisting of family visitations, a parenting group, and individual therapy services for children. Clients are between the ages of 2-14 and referrals are through the Child Welfare Services. Trainees will be involved in the parent visitations, parenting classes, group co-facilitation, teaching the parents strength based skills in connecting with their child, clinical consultation, and weekly group supervision. Students are accepted at various times of the year and expected to provide a minimum of six-eight hours a week.

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Vista Hill Parent Care Central/East

4125 Alpha St.
San Diego, CA 92113

Parent Care East
4990 Williams Avenue
La Mesa, CA 91942

Contact Person: Angela Rowe
Program Director
arowe@vistahill.org

Program Description: The Vista Hill Parent Care Central location is a women's alcohol/drug treatment and parent education center featuring:

- An outpatient treatment program for women with substance abuse problems
- Addresses the specific needs/issues of women and mothers
- A safe, supportive and confidential environment
- A success-oriented program building on a client's strengths which enhances the individual's and family's
- An integrated medical-social relational model approach to treatment
- Quality childcare provided

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WEST Coast Recovery
785 Grand Avenue, Suite 204
Carlsbad, CA. 92008

Contact: Hanna Hanson, LMFT
Director
Hanna@westcrc.com

Program Description: West Coast Recovery Center's mission is to provide an individualized program of recovery to inspire healthy life changes. Trainees will garner an understanding of the addictive process, recovery treatment and dual diagnoses which often accompany addiction (PTSD). Interns and trainees will acquire skills in dual diagnosis screening and assessment measures, treatment planning and mindfulness based psychotherapy. Training will be provided on HiPAA, DAP progress notes, Ethics/Legal concerns, Dialectical Behavioral Therapy (DBT) Skills and Behavior Chain Analysis, and Mindfulness practice. My theoretical orientation is based in mindfulness and DBT, thus interns can count on exposure to these DBT skills, mindfulness practices and emphases on behavior.

Group supervision sessions always begin with 5-10 minutes of mindfulness, meditation or Wise Mind practice. We then follow with case presentations, teach-ins and/or countertransference issues. Clinical staff are regularly exposed to training and fellow case presentation from somatic based, sensori-motor psychotherapy for PTSD, 12 step, SMART, holistic approaches, as well and EFT and systems understandings of addiction and treatment.

Successful applicants will be required to purchase malpractice insurance...complete a TB test, a basic physical and HIPAA certification training (provided by WESTCRC/online). A drug test may also be required.

Applicants with strong interest or experience with mindfulness, DBT, addiction or PTSD are helpful but not required. A Compassionate heart, good communication skills, a willingness to learn and a strong commitment to fulfill responsibilities and provide mindful client care are essential. "

The Internship would be 10-12 months

Hours per week required is 12-15

Group Supervision is Thursdays from 9:30-11:30am (and I will create an additional group supervision or individual for trainees)

Trainees would run groups and provide individual counseling for Chemical Dependency IOP/PHP in Carlsbad. Trainees will complete 1. one formal case presentation quarterly, 2. one "Teach in" from their theoretical orientation and 3. one formal observation of a session (taped/video) quarterly.

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YMCA Youth and Family Services/Tides Program/Oz Residential Program

4394 30th Street
San Diego, CA 92104

Contact: Nicole Reich, LMFT
TIDES Counseling Program Coordinator
nreich@ymca.org

Program Description: The TIDES program is under the YMCA Youth and Family Services, a social service branch of the YMCA of San Diego County. They serve students aged 5-21 and their families who are struggling with emotional or behavioral problems at school, home, or community. Therapists work closely with school personnel and community agencies and provide individual, family, and group counseling, crisis intervention, case management, and medication evaluation and monitoring. Counseling services are offered to students and families in several elementary, middle, and high schools in Central San Diego.