



## ADT Psychology: BA Sports Psychology Pathway

Students who have earned an Associate of Art Transfer (AA-T) Degree in Psychology from a California Community College are eligible to waive the general education requirements for the Bachelor of Arts in Sport Psychology degree at National University. At the time of enrollment, student should have completed a California Community College-ADT program within the last 12 months and be admitted to the National University degree program that correlates to the ADT.

Please note the student is required to complete the upper division and cultural diversity general education requirements. Students must complete a minimum of 180 quarter units to complete the Bachelor of Arts in Sports Psychology Degree.

### Bachelor of Arts in Sports Psychology

#### Requirements for the Major (13 courses; 58.5 quarter units)

PSY 302	Foundation of Sport Psychology
PSY 448	History of Sport & Sport Psych
PSY 300	Social Psychology of Sport
HUB 441	Research Design and Analysis
PSY 303	Motor Learning
PSY 440	Sport Psychology for Coaches
PSY 443	Culture and Sport Psychology
BIO 385	Biomechanics of Sport
BIO 386	Exercise Physiology
PSY 340A	Counseling Techniques I
PSY 445	Applied Sport Psychology
PSY 442	Case Studies Sport Psychology
PSY 485	Sport Psychology Sr. Project

#### Upper Division Electives (3 courses; 13.5 quarter units)

Students not pursuing a minor must choose three (3) Upper-Division Elective courses offered by the College of Letters and Sciences. It is strongly recommended that students select at least two (2) of their required electives from the following courses:

PSY 427 Biological Psychology  
PSY 428 Developmental Psychology  
PSY 429 Intro to Personality Theory  
PSY 430 Intro to Psychopathology  
PSY 432 Social Psychology  
PSY 433 Cognitive Psychology  
PSY 446 Positive Psychology

#### Additional requirements

Upper Division General Education 4.5 quarter units

13.5 quarter units to meet overall program unit requirements

Note: These requirements are subject to change. Please see National University's online General Catalog for official record of requirements for the year you are admitted.