FRIDAY, JANUARY 25TH, 2019

8:00-10:00 a.m.  Onsite Conference Registration/Check-In
10:00-11:00 a.m.  Keynote Address: “An Unexpected Journey of Consulting with Paralympic Athletes”
                    Dr. Jamie Shapiro
11:00-11:10 a.m.  BREAK
11:10-12:05 p.m.  Intervention Research
                    Imagery, Imagery Ability, and Emotion Regulation
                    (Atak, Z. & Meir, G.)
                    Self-reported Weight Cutting Methods in Professional Mixed-Martial Artists: How Much are They Losing and Who is Advising Them
                    (Park, S., Ede, A., Alencar, M., & Madrigal, L.)
11:50-12:05 p.m.  Transition from Elite Sport
                    (Probert, B. & Meir, G.)
12:05-1:15 p.m.  LUNCH (on your own)
1:15-1:45 p.m.  Featured Workshop: Experiencing the Mental Fitness Course at the United States Army Intelligence Center of Excellence
                    (Harris, R., Jones, L., Medrano, D. & Hyatt, T.)
1:50-2:05 p.m.  Mindfulness Meditation Intervention with Collegiate Athletes
                    (Vidić, Z.)
2:10-2:25 p.m.  Softball and Life Lessons: Weekly Sport Psychology Sessions with a Community College Softball Team
                    (von Stietz, J.)
2:30-2:45 p.m.  Drew League Foundation Summer Camp: A Program Review
                    (Coleman, A., Greminger, A., Fineman, B., & Rowe, D.)
2:50-3:05 p.m.  Developing Real-time Data Using Zephyr Technology to Correlate Cognitive Enhancement Skill Training with Improved Performance Outcomes in the Military Intelligence Community
                    (Harris, R., Jones, L., Medrano, D. & Hyatt, T)
3:05-3:15 p.m.  BREAK
3:15-3:35 p.m.  Workshop Who’s Ball is it Anyway? Training Improv Skills to Enhance Performance in Sport
                    (Castillo, S)
3:40-4:10 p.m.  Featured Presentation: A Reliable and Valid Method of Assessing, Conceptualizing, and Addressing Problems that Interfere with Sport Performance
                    (Donohue, B., Gavrilova, E., & Koval, I.)
6:00 p.m.  Please join us for a no-host dinner!
                    Tio Leo’s
                    3510 Valley Center Drive
                    Del Mar, CA
                    858-350-1468
2019 PERFORMANCE PSYCHOLOGY CONFERENCE

SATURDAY, JANUARY 26TH, 2019

Complimentary Continental Breakfast (available beginning at 8:30am)

9:00-9:45 a.m.   Featured Workshop: Real Talk: A Case Study Workshop for Students and Professionals (Samson, A. & Wooding, C.)

9:45-9:55 a.m.   BREAK

9:55-10:30 a.m.   Professional Issues

9:55-10:10 a.m.  Integrating Distance Learning into Your Sport Psychology Practice (Ashbrook, P.)

10:15-10:30 a.m. Teaching Sport and Performance Psychology in an Online Era: A Comparison of Traditional and Online Learning (Ku, S., Rhodius, A., & Meir, G.)

10:35-11:30 a.m. Diversity Research

10:35-10:50 a.m. Examining the Interplay of Race and Gender in the Athletic Arena (Bradshaw, V. & Meir, G.)

10:55-11:10 a.m. To Exercise or Not to Exercise: Motivation of Female College Students (Swinney, K., Fairclough, J., Paz De La Vega, L., & Otten, M.)

11:15-11:30 a.m. Gender Bias in Ocean Lifeguards (Watkins, D., Madrigal, L., Ede, A., & Vargas, T.)

11:30-11:45 a.m.   BREAK

11:45-12:45 p.m. Keynote Address: “Shades of Gray: Mishaps and Lessons Learned from an Intersectional Feminist”

Dr. Leeja Carter

12:45 p.m.   Closing Remarks